

## *Identifying the Problem*

Substance Use Disorder is a cunning, baffling, miserable disease. Denial is a major factor involved stopping those with this disease from seeking help for themselves. So often concerned family members, friends and colleagues, express knowledge that a problem exists, but are unable to identify it. The following *Impaired Pharmacist Symptom Inventory* may help to identify the problem, and get them the help that is so readily available before it is too late.

### *Impaired Pharmacist Symptom Inventory*

- Overwork\*\*
- Disorganized schedule
- Spasmodic work pace\*\*
- Unreasonable behavior
- Inaccessible to patients and employer
- Prescription errors\*\*
- Patient complaints
- Frequent absences
- Decreasing workload and tolerance
- Frequent days off for vague reasons
- Taking sexual advantage of coworkers or customers
- Filling illegal prescriptions
- Taking and/or using drugs from pharmacy without follow-up by physician\*\*
- Taking/selling drugs to others or giving them to family or friends
- Often late, absent or ill
- Decreasing work performance
- "Pharmacy Gossip"
- Incommunicative/unavailable
- Alcohol on breath while in pharmacy

\*\*early signs

*What do you do if you suspect a colleague has a problem with substance use disorder?*

**Trust your instincts!!**

**Call Oklahoma Pharmacists Helping Pharmacists (OPHP) immediately**

**OPHP Helpline 800-260-7574 ext 5773**

**Do not confront alone**

**Left alone the problem will not go away.**

*If you or a pharmacist you care about is suffering from substance use disorder*

*There is a solution*

*Oklahoma Pharmacists Helping Pharmacists (OPHP)*

*Is readily available for help*

*Call the OPHP Helpline 800-260-7574 ext 5773*

*All calls are confidential.*